

Southern Ireland's PREMIER travel magazine

escapade

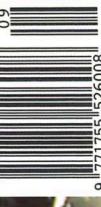
ONLY £1.90/€2
Spring 2010



piration from around the globe

ONEYMOONS odie for.

st of Top Resorts



UK 0844 871 6181 IRL 0818 44 44 44
 Add winter sports cover from only £12

*Price quoted is web only. Subject to terms and conditions and excludes £3 handling fee. Age limits apply.
Multitrip.com is a trading name of Blue Insurances Limited, regulated by the Irish Financial Regulator and authorised to provide services in the UK by the Financial Services Authority (UK).

Skiiing This Year?

make sure you're covered
great value annual travel insurance

from £17.99*

 **multitrip.com** great prices, great cover



Mountain Paradise

Better known as a top ski resort, Kitzbühel also has plenty to offer the golfer, says KATE CHAMBRE



WITH ITS MANICURED

golf courses, dreamy landscape, and array of luxurious spas, designer shops, and gourmet restaurants, it's no wonder Kitzbühel has been hailed a "golfing paradise".

Long established as one of the top skiing destinations in Europe, this enchanting city, nestled in the heart of the Austrian Alps, is clearly a dab hand at catering for its tourists. The Swedish football team's WAGS (wives and girlfriends) have "shopped till they've dropped" in Kitzbühel, numerous celebrities have availed of beauty treatments there, and its world famous Hahnenkamm ski race has attracted millions of people to the city over the years.

International triathlon, tennis (the Austrian Open), biking and running challenges are held annually in Kitzbühel, while rock concerts regularly take place in its stadium. If that's not enough, the city also stages an annual golf festival www.golfestivalkitzbuehel.com, an alpine rally, Austria's biggest mountain bike festival, a Harley Davidson festival, and a boogie woogie and blues music festival.

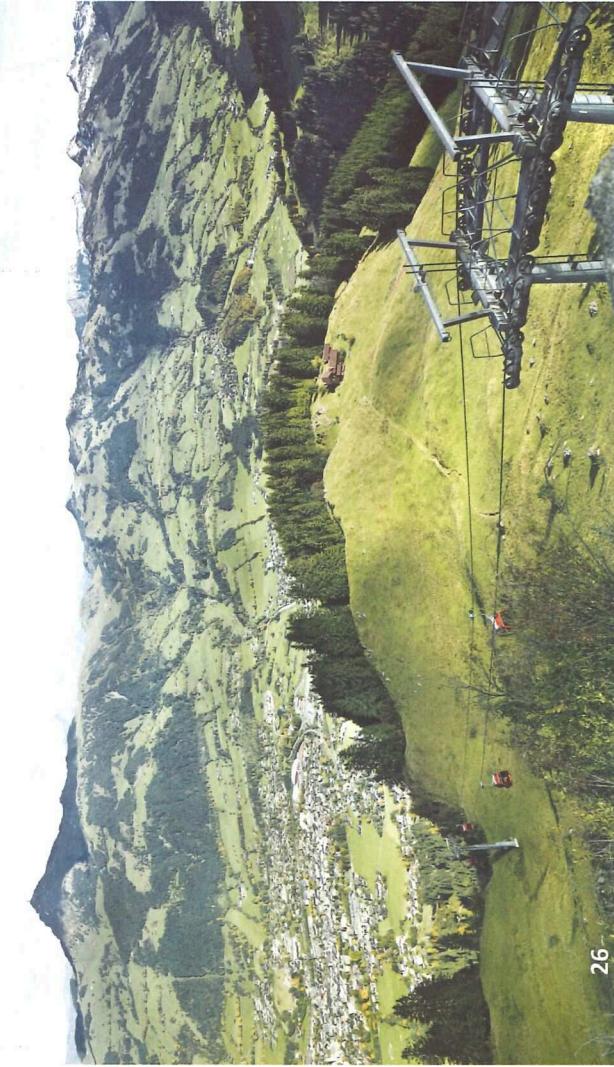
The city has a lively nightife too, with a great selection of restaurants that dish up anything from traditional Austrian dishes to European, and international culinary delights.

If you're feeling really adventurous – and want to take-in the sights of the colourful, and partially cobbled city - why not get delivered to your restaurant of choice by horse-drawn carriage.

When dining out, make sure you try out Austria's trademark pudding Kaiserschmarrn, which is shredded pancake with raisins and sugar.

Scrumptious! The city, which has a population of 8,544, has plenty of accommodation ranging from 5 to 4 to 3 star hotels, apartments (such as www.schwarzsee-kitzbuehel.at), chalets and private rooms.

It also has a host of bars, nightclubs and even a casino (<http://kitzbuehel.casinos.at>) to its name for those who want to burn the midnight oil.



Golfing paradise

Perhaps the most exciting development of the city in recent years is the quality of its four golf courses, set in the most magical – and romantic – of settings.

With 30 neighbouring golf courses, it's no wonder Kitzbühel has earned itself a reputation as "the golf centre of the Alps".

Add to this its 15 golf hotels, its numerous tournaments, festivities and events, as well as the constant care and attention that is put into maintaining the golf courses. Remember they are covered in snow in the winter.

The four courses, Golf Club (GC) Kitzbühel Schwarzsee, GC Eichenheim, GC Kitzbühel Kapo and Golf and Country Club (GLC) Rasmushoff offer golfers the chance to drive, chip, putt and chase down pars and birdies on a total of 54 holes.

The courses are geared towards people of every playing ability and every level. Notably each course has its own golf school, where up to ten international PGA pros refine the skills of beginners, those who are more advanced and pros. Golf camps are also held for children aged from between 6 to 12. The five day-training camps (www.green-vieh.de) are supervised by pros.

The refreshing thing about Kitzbühel is that it has something for everyone.

If you don't want to play golf everyday during your stay there, you can go on day trips to the neighbouring villages of Reith, Aurach and Jochberg.

Or you can participate in anything from hiking,

cycling, swimming, fishing, boating, mountain biking, hot-air ballooning, to bungee jumping, Nordic walking and cliff climbing or delight in the many spas that the city has to offer...it seems that the world is very much your oyster in Kitzbühel.

The best way to reach Kitzbühel is to fly directly from Belfast or Dublin to Munich via Aer Lingus (www.aerlingus.com). Once there, you can either hire a car or travel by bus (www.airport-transfer.com) to the city. For further information on Kitzbühel look up www.kitzbuhel.com

Continue for Golfing Guide>>>



LIBERATE
TM
Passion. Freedom. Life.

www.vitaliberata.com
info@vitaliberata.com
+44 (0)28 933 244 11



Available @
Kellys Beauty Salon

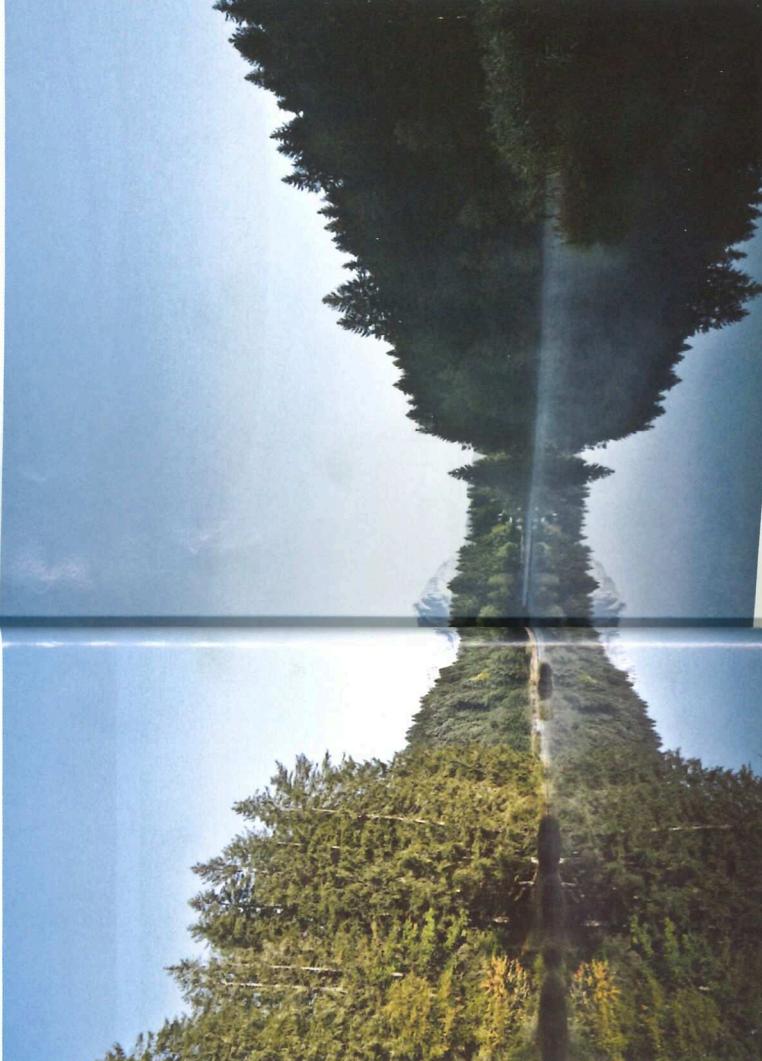


ALSO Available in Spray Tan Formula

Luxury Self Tan Travel Pack
odourless, organic & paraben free

as used on the
X Factor

Tel: 028 90 483 638
59A Comber Road, Dundonald, BT16 9AE



President of the PGA of Austria for 10 years. So, no better man to help you perfect your golfing prowess.

For further information look up www.grandtirolia.com

Golfclub Kitzbühel

With its stunning location, along with the outstanding sporting success of the club, the oldest golf club in Kitzbühel has the most single-figure handicap players in Austria. For this reason it has become one of the best known clubs (www.kitzbuehelgolf.com) in the country over the past 50 years. The resort, the clubhouse, the lakes with two island greens and the old castle make it easily one of Austria's most beautiful courses.

Its Grand SPA Resort A-ROSA (www.a-rosa.com) is also an extremely popular haunt, particularly among stars from the world of show business. Word has it that when the Hollywood movie-star Demi Moore and designer Donna Karan used the spa, the particular beauty treatment they had, was booked out for a year!

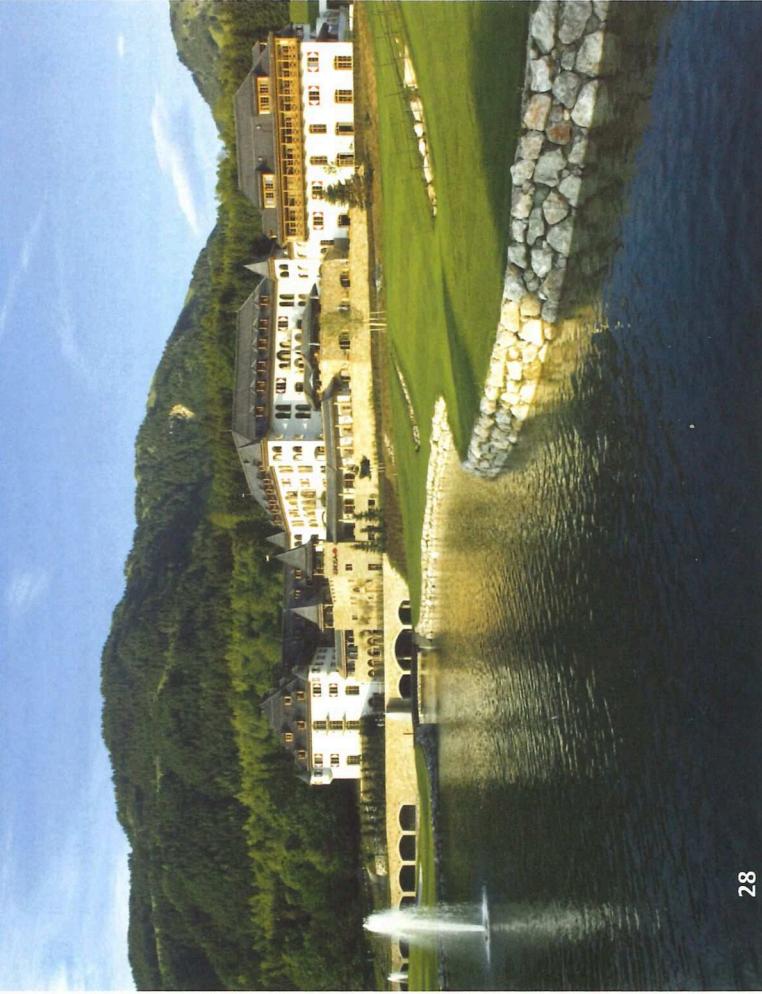
A-ROSA also has beautiful old-worldly architecture. Its swimming pool is indicative of this – stunning. Its staff are donned in traditional Austrian dress, and its food is A-1 excellent!

GC Kitzbühel Schwarzsee

On the fairways and greens of Kitzbühel Schwarzsee golf club (www.kitzbuehel-golf.com), countless pros have swung their clubs. The 6.131 meter long Par 72 championship course has been the venue for the Kitzbühel Golf Alpine Open, a tournament on the European Challenge Tour, and the second most important pro league in Europe.

Golf and country Club Rasmushof

Rasmushof Golf and Country Club (www.rasmushof.at) has particular "star quality" as it was where leading lights from the international ski circus did their slalom turns during the winter. Situated at the finish line area of the legendary Streif run at the foot of the Hahnenkamm, those who play this course should be fairly fit, as there are numerous hilly slopes!



Schloss Lehenberg, Kitzbühel

Situated high above the rooftops of Kitzbühel, Hotel Schloss Lehenberg is perfectly perched at the foot of the Lehenberg with views of the Alps. Combining old and new architecture, the castle, dates back to around 1485, and was originally lived in by minor country nobility.

With 150 rooms and suites and a fantastically varied menu in its "Residenz" restaurant, the hotel has extremely friendly staff, and a relaxing ambience. It also offers an incredible breakfast, catering for every early morning whim. The "piece de resistance" of the hotel is its Wellness Oasis, which offers a 360-degree panoramic view of the Kitzbühel Alps. Its contemporary designed swimming pool at 45-meters, is a work of art, and needs to be seen to be believed. At first glance its water looks like a sheet of glass. Hotel Schloss's herbal sauna, infra-red cabin, outdoor Finnish sauna, tanning beds and steam bath are also worth checking out. Just be prepared for lots of nakedness! Hotel Schloss also has a SPA and Beauty Vitalturm, as well as a fitness centre. For further information go to www.austria-trend.at/leb/.

Grand Tirolia, Kitzbühel

The newly opened Grand Tirolia is set to take five-star accommodation in Kitzbühel to a new level. No expense has been spared on the resort, which has been built right in the middle of the 18-hole Eichenheim golf course. The architecture of the Grand Tirolia has been described as "a fusion of modern and traditional, a place where the Rocky Mountains meet the Tyrolean Alps". Eichenheim Golf Club (www.eichenheim.com) is considered one of Austria's finest courses and, on a number of occasions, has been voted among the best in Europe.

Designed by the USA's renowned Kyle Philips, the 5, 590-meter par 71 course lies before the imposing backdrop of the Kitzbühel Alps and is surrounded by steep rock faces and dense deciduous forests. The golf school is run by Head-Pro and Golf Director of Golf Eichenheim, Hansjörg Lumpi (www.gofschulelumpi.com). He has been