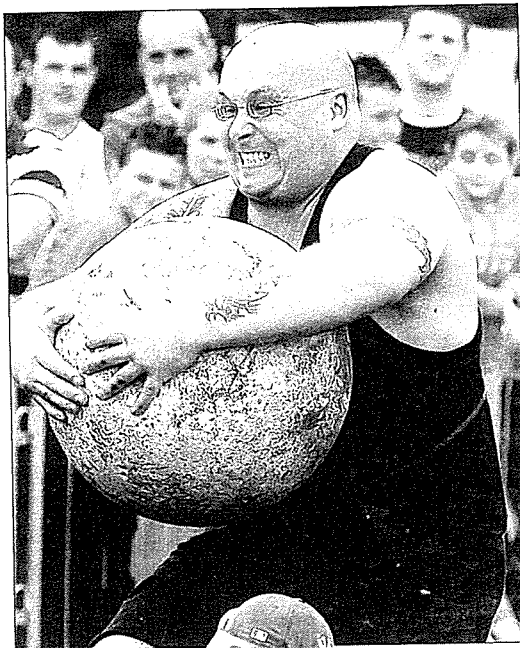
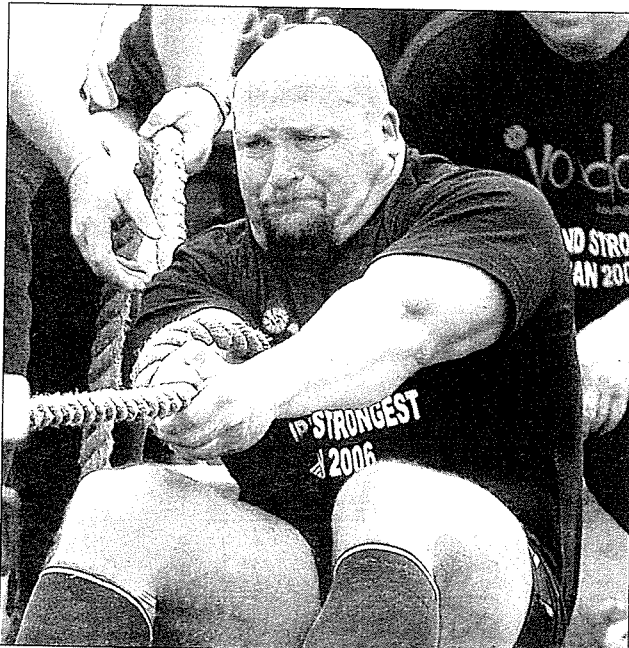


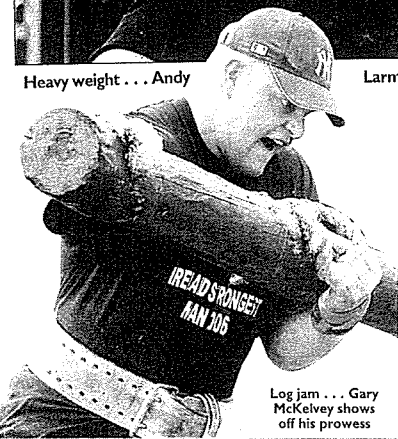
Dave scoffs at rivals



Heavy weight... Andy



Larmour feels the strain Heave-ho... Ireland's Strongest Man, big Dave Warner, gets to grips with a truck



Log jam... Gary McKelvey shows off his prowess

BIG EATER WINS STRONG MAN TITLE

BEEFY Dave Warner gobbles 12 eggs, four roast chickens and four litres of milk a day.

And yesterday his 10,000-calories a day diet paid off - he was crowned Ireland's Strongest Man.

The 37-year-old from Ballymoney, Londonderry, beat seven incredible hulks for the title after a titanic two-day tussle in Ballybofey, Co Donegal.

By KATE CHAMBRE

The contestants battled it out in eight muscle-bulging events including log lifting, car holding and pulling an eleven-and-a-half tonne truck 50 feet.

But Dave admitted that Ireland's strong men aren't so good at pulling the ladies.

"Some women are intimidated by strong men because they think there's a lot of man to take on!"

"Cooking might put women off as does ironing our big

shirts. We also spend a lot of time in the gym, which means they don't see much of us."

Dave's rival Leslie Steele, a 28-year-old baker from Limavady, Londonderry, is credited with having the strongest shoulders in Ireland. And he often uses his strength in the pub.

Leslie said: "I've picked up women plenty of times in pubs, by literally hoisting them on to my shoulders. It's one of my party tricks."

"Women find us strong men scary, but we're gentle giants."

is
oil
well
ster-
obile
and
L
club
s4U,
rted
), to
ms.
53,
llion
sion,
nd a
my
firm
per
also
ding:
et."
e
fe
two
aped
mths
for
IRE
nted
uth-
ivic
ards
e-old
k. A
cked
ear.
rned
walk
amp-
man
only
ance
enjoy
st
er'
Ele-
has
rrior.
has
h a
mcy,
orms
the
Park
Lon-
raise
ig-
ctor,
idon,
l, in
had
ying
can't
lans.
1."

fixed prices that fall in December 2007?

major energy suppliers have raised their prices twice this year, only British Gas
ich guarantees no more rises for over two years and even a price fall.* With Fix
ould fix your prices at our new rates, guaranteeing no more rises and a fall at
t year.* No cancellation charges, no tie-ins.
only from British Gas.

house.co.uk

British Gas

and fall rates apply on the new standard rates from 4/09/06. Conditions, 2.84% electricity discount, 1.6% gas premium on new rates until 30/12/07, then 13.8% electricity discount. Fix and fall ends 31/12/08 and is subject to regulatory and VAT changes. Restricted availability, excludes prepayment customers.